

D 102489

(Pages : 8)

Name.....

Reg. No.....

P.G. ENTRANCE EXAMINATION, APRIL 2024

M.P.Ed.

Time : One Hour

Maximum : 200 Marks

Each question carries 4 marks.

1 mark will be deducted for each wrong answer.

1. While calculating the standard deviation, the deviations are only taken from _____.
 - (a) The mode value of a series.
 - (b) The median value of a series.
 - (c) The quartile value of a series.
 - (d) The mean value of a series.
2. The research where the investigator can manipulate treatments to cause things happen is :
 - (a) Qualitative research.
 - (b) Analytical research.
 - (c) Experimental research.
 - (d) Descriptive research.
3. Official records, personal records, pictural records are :
 - (a) Primary sources.
 - (b) Secondary sources.
 - (c) Library sources.
 - (d) Both (a) and (b).
4. The element which is found in excess amounts in our body is ?
 - (a) Sodium.
 - (b) Oxygen.
 - (c) Iodine.
 - (d) Phosphorus.
5. Which is the smallest gland in the human body ?
 - (a) Pituitary.
 - (b) Pancreas.
 - (c) Thyroid.
 - (d) Pineal.

Turn over

6. The Sequence of systemic circulation :
- (a) Left ventricle → aorta → arteries → capillaries → veins.
 - (b) Aorta → Left ventricle → arteries → capillaries → veins.
 - (c) Aorta → Left ventricle → capillaries → arteries → veins.
 - (d) Aorta → Left ventricle → veins → arteries → capillaries.
7. This hormone is responsible for "fight-or-flight" response :
- (a) Thyroxine and melatonin.
 - (b) Insulin and glucagon.
 - (c) Epinephrine and norepinephrine.
 - (d) Oestrogen and progesterone.
8. Who propounded the Classical conditioning Theory of learning ?
- (a) B.F. Skinner.
 - (b) Thorndike.
 - (c) Sigmund Frued.
 - (d) Ivan Pavlov.
9. Who propounded the Insight Learning Theory ?
- (a) Kohler.
 - (b) Thorndike.
 - (c) Sigmund Frued.
 - (d) Ivan Pavlov.
10. _____ is the experience of unpleasant feelings when confronted with specific situations or event.
- (a) Somatic anxiety.
 - (b) Trait anxiety.
 - (c) State anxiety.
 - (d) Competitive anxiety.
11. Who will host the 2026 Commonwealth Games ?
- (a) England.
 - (b) Japan.
 - (c) Australia.
 - (d) Switzerland.
12. How long is a game of handball ?
- (a) 40 mnt.
 - (b) 50 mnt.
 - (c) 60 mnt.
 - (d) 70 mnt.

13. According to the new rule, the shuttle should be below _____ from the surface of the court at the instant of being hit by the server's racket.
- (a) 1.10 metres. (b) 1.15 metres.
(c) 1.18 metres. (d) 1.20 metres.
14. Who was the first female Indian athlete who won individual Gold medal at Asian Games ?
- (a) P T Usha. (b) Beena Mol.
(c) MD Valsamma. (d) Kamaljeet Sandhu.
15. Number of bones in the axial skeleton is :
- (a) 20. (b) 40.
(c) 60. (d) 80.
16. Which of the following planes of the body divides it into upper and lower parts ?
- (a) Sagittal plane. (b) Frontal plane.
(c) Transverse plane. (d) Median plane.
17. First law of motion is also called :
- (a) Law of action and reaction.
(b) Law of conservation of energy.
(c) Law of inertia.
(d) Law of transference of momentum.
18. A statement of general and specific goals attained by the learner under the guidance of teacher is called :
- (a) Teaching outline. (b) Teaching philosophy.
(c) Lesson plan. (d) Assignment.
19. Students are passive in which of the following teaching method :
- (a) Discovery method. (b) Inquiry method.
(c) Lecture method. (d) Project method.

20. An intelligence test that predicts how well you will do in college is an :
- (a) Adjustment test.
 - (b) Anxiety test.
 - (c) Aptitude test.
 - (d) Achievement test.
21. Which of the following is not the principle of curriculum design ?
- (a) Breadth.
 - (b) Depth.
 - (c) Coherence.
 - (d) Co-operation.
22. Individualization of instructions is :
- (a) Bringing flexibility in instructions.
 - (b) Modifying instructions as per the capability of the students.
 - (c) Making it appropriate.
 - (d) Making it goal-based.
23. Isometric exercise is the one in which muscle length is :
- (a) Constant.
 - (b) Shortened.
 - (c) Lengthens.
 - (d) None of the above.
24. Who invented Interval Training ?
- (a) Morgan and Adamson.
 - (b) Aristotle.
 - (c) Greschler.
 - (d) C. A. Bucher.
25. 'Fartlek' training is given for improving :
- (a) Strength.
 - (b) Endurance.
 - (c) Flexibility.
 - (d) Speed.
26. URL stands for _____.
- (a) Uninterrupted data locator.
 - (b) Uninterrupted record locator.
 - (c) Uniform record locator.
 - (d) Uniform resource locator.

27. Which nutrient is essential for transporting oxygen to muscles, especially for endurance athletes ?
- (a) Vitamin C. (b) Vitamin D.
(c) Calcium. (d) Iron.
28. The age of a child as per the growth and development of the skeletal system is called :
- (a) Anatomical age. (b) Chronological age.
(c) Mental age. (d) Physiological age.
29. What is the name of the stadium where the first modern Olympic Games were held in 1896 ?
- (a) Amphitheatre. (b) Colosseum.
(c) Dedascaleum. (d) Panathenaic Stadium.
30. Which of the following is the first step in a management ?
- (a) Budgeting. (b) Directing.
(c) Planning. (d) Staffing.
31. Which of the following describes the leadership style in which the leader generally gives the group complete freedom to make decisions and complete the work in whatever way it sees fit ?
- (a) Cultural style. (b) Autocratic style.
(c) Democratic style. (d) Laissez-faire style.
32. Organisation means 'Planning the work' and administration means :
- (a) Controlling. (b) Processing information.
(c) Decision making. (d) Working the plan.
33. Who is the first person to receive the Arjuna Award from Kerala ?
- (a) C.Balakrishnan. (b) K.M Beenamol.
(c) P.T Usha. (d) Suresh Babu.
34. When did women first participate in the Olympics ?
- (a) 1896. (b) 1900.
(c) 1904. (d) 1908.

35. What was the motto of Tokyo 2020 Olympic game ?

- (a) Games Wide Open.
- (b) A New World.
- (c) United by Emotion.
- (d) Inspire a Generation.

36. Hair line fracture is also known as _____.

- (a) Transverse fracture.
- (b) Green stick fracture.
- (c) Stress fracture.
- (d) Oblique fracture.

37. Arthritis means :

- (a) Joint inflammation.
- (b) Nerve inflammation.
- (c) Muscle inflammation.
- (d) Eye inflammation.

38. What is the study of muscles is called ?

- (a) Myositis.
- (b) Mycology.
- (c) Myelitis.
- (d) Myology.

39. What is the evaluation done at the end of an instruction ?

- (a) Summative evaluation.
- (b) Formative evaluation.
- (c) Criterion-Referenced Evaluation.
- (d) Norm Referenced Evaluation.

40. The quality of the test is "what is claim to measure" is ?

- (a) Objectivity.
- (b) Norms.
- (c) Validity.
- (d) Reliability.

41. Miller Wall Volley Test is associated with :

- (a) Tennis.
- (b) Badminton.
- (c) Football.
- (d) Volleyball.

42. What is the name of the postural deformity caused due to increase in the curve at the lumbar region ?
- (a) Knock knees. (b) Bow legs.
(c) Kyphosis. (d) Lordosis.
43. Consolation tournaments are a part of which type of fixture ?
- (a) Knockout fixture. (b) Round robin fixture.
(c) Combination fixture. (d) Challenge tournament.
44. The oldest philosophical school is :
- (a) Idealism. (b) Pragmatism.
(c) Realism. (d) Naturalism.
45. The literal meaning of philosophy is :
- (a) Love of Wisdom. (b) Love of Knowledge.
(c) Love of truth. (d) Love of God.
46. How many different Asanas does Surya Namaskar comprise of ?
- (a) 12. (b) 7.
(c) 10. (d) 8.
47. _____ is a set of techniques to measure attractions and repulsion in interpersonal relation in quantitative and diagrammatic terms'.
- (a) Social statistics. (b) Sociometry.
(c) Social survey. (d) Quantitative method.
48. The first institute in India to propagate physical education course :
- (a) YMCA, Madras.
(b) LNIPE, Gwalior.
(c) H.V.P. Mandal, Amravati.
(d) Punjab Government College of Physical Education, Patiala.

49. When was the National Fitness Corps established in India ?

(a) 1957.

(b) 1962.

(c) 1965.

(d) 1970.

50. 'Body Beautiful' was the ideal of :

(a) Greeks.

(b) German.

(c) Romans.

(d) Egyptians.